

# POINTER PAL

## INSTRUCTION MANUAL

### INTRODUCTION

The POINTER-PAL is an accurate and easy to operate hand held acupuncture or trigger point locator.

### FEATURES

#### 1. Modern Spring Type Probe Tip

The interchangeable spring type probe provides a constant pressure to the area or points, thus providing better accuracy during point location searching.

It is important to note that any part of the body may be induced to produce a point location signal depending on the amount of pressure used during location. Thus it is important when locating the trigger or acupuncture points to use the lightest and least amount of pressure possible on the surface of the skin. Also, the movement of the probe when searching for the point should be smooth and graceful, always maintaining the same light uniform constant pressure until the correct point is found. The unique spring mechanism of the Pointer PAL probe will add in correcting for any slight variations in the applied pressure.

#### 2. Interchangeable Probes

Two different probes are provided for different applications. The smaller probe may be more suited for ear points, the wider probe would be better for the body.

#### 3. Sensitivity Adjustment

The point detection sensitivity is adjustable. The "SEN" knob is used to either increase (clockwise adjustment) or decrease (counter clockwise) sensitivity when use on different skin conditions (i.e. dry or moist skin conditions).

#### 4. Hand Grounding Pole Accessory

The patient must hold the hand grounding pole in order to create a complete electrical circuit. This accessory is easily attached or removed from the unit. (Note: this unit may also be used without the grounding pole, however, in this case the practitioner must contact both the grounding plate on the unit as well as hold the bare skin of the patient with his hand to complete the circuit.) The grounding pole is not necessary when using on oneself providing the grounding plate on the unit is contacted.

### HOW TO USE THE UNIT

1. Insert the 9 volt battery onto the battery clips, the positive and negative poles of the battery should always be matched correctly with the respective battery clips. A 9 volt Duracel or other alkaline battery is recommended for the best performance.
2. Select the correct probe for use with ear or body points. The larger probe may be used for larger areas or body points. The small probe may be used for ear points or other smaller body points.

3. For self use, touch the grounding metal plate on the front side of the unit and then search for the point.
4. Press each point slightly, the probe uses a spring mechanism so that a constant pressure may be maintained during location. The respective trigger or acupuncture point is located when a continuous sound is heard from the buzzer and at the same time the LED light is flashing continuously.
5. The sound emitted from the buzzer may be muffled or reduced by covering the holes of the metal grounding plate with your thumb.
6. In order to locate points on patients, the grounding pole must be attached with the plug jack to the bottom of the unit. The patient must hold the grounding pole to complete the electrical circuit which then activates the detection function. The above procedures 5 to 10 are then followed.
7. Turn off the unit after use. Remove the battery from the unit when the device will not be used for a long period.

#### **SPECIFICATIONS:**

|                     |   |  |
|---------------------|---|--|
| <b>Size</b>         | : | 170 x 33 x 23 mm   |
| <b>Weight</b>       | : | 60 gm (unit only), 230 gm ( complete set)  |
| <b>Power supply</b> | : | 9V battery   |
| <b>Accessories</b>  | : | 2 detection probes<br>1 spare grounding pole<br>1 hard carrying case<br>1 instruction manual |

#### **PRECAUTIONS:**

Do not use for

- \* Patients with cardiac pacemakers (unless physician approved)
- \* Pregnant women (unless physician approved)
- \* In the areas near or directly around the heart.
- \* Directly over through or near recent scar feature site
- \* Over recent scar tissue or new skin.
- \* Over abrasions or cuts

#### **Storage and Transportation**

Store unit in a dry location free from dust and contamination where the temperature remains fairly constant and within the range of 16°C to 40°C (61 °F to 104 °F). Do not drop, mishandle, or expose to temperature or humidity extremes <outside the range of +16°C to 40°C (61 °F to 104 °F), 15-95% RH non-condensing.> Do not use if the unit malfunctions or has been damaged in any manner. Basically the device can be used until it malfunctions. There is generally no restricted "shelf-life" of the device.

#### **Disposal:**

Please follow the local environment requirement when disposes the device.

#### **Dist. By :**

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